



The meeting in Plymouth

25th August 2019

Volume 1, Issue 5

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In June (03-07) the fifth and final meeting of the DAUPR partners took place in Plymouth, U.K. It was a meeting full of bittersweet feelings because we all knew that it was the last meeting of the DAUPR program.

Devon Mind was the hosting organization. They managed to make everyone happy in all levels.

One of the most important parts of the meeting was to check whether all the areas of interest regarding DAUPR were covered. Since we were almost in the last part of our "coalition" there were many organizational and structural aspects that we had to check that they were fully covered by everyone. All the partners declared that they enjoyed the different qualitative aspects of the program and that they wished that we had more time to explore critically the educational and training possibilities that open up when you combine all these different methodologies. All the partners said that being a member of this program created new ways of constructing themselves as "mental health experts".

The focus of attention was also in the planning of local conferences regarding the dissemination of the program's results. All the partners submitted their ideas regarding the writing of the "Best Practice

Guide.

Furthermore, the Mental Health Centre together with Odysseus presented in details an overview regarding the implementation, dissemination and budget control of the DAUPR program.

Devon mind "offered" to all the partners an exceptional workshop regarding the accreditation processes in an Erasmus program. It was in this session that all the partners admitted that they would be very interested in participating in a new Erasmus program where we could explore how qualitative methodologies can be used in the everyday educational and clinical setting as a form of critical evaluation. We all hope that something new will be developed in the future.

Sentprima stressed the importance of evaluating the training and the local conferences, whereas ASTRA presented an overview of the main points of the media reports.

We all discussed about the importance of disseminating the results in our local communities after the project's ending. In this way we will be able to examine in more details the impact of DAUPR in people but also in ourselves.



Visiting St. Ives in Cornwall



The DAUPR team in St. Ives Cornwall

There could not be a best way to close our final meeting than a trip to the picturesque town of St. Ives in Cornwall. The partners enjoyed the sea, the sun and the beautiful roads of St. Ives. We all had lunch in one of the traditional pubs. Some members of the team also visited the Tate museum and had the chance to have the benefit of exploring the works of art that belong to the museum.

St Ives is a seaside town and port in Cornwall. The town lies north of Penzance and west of Camborne on the coast of the Celtic Sea. In former times it was commercially dependent on fishing. The decline in fishing, however, caused a shift in commercial emphasis, and the town is now primarily a popular seaside resort, notably achieving the title of Best UK Seaside Town from the British Travel Awards in both 2010 and 2011. St Ives was incorporated by Royal Charter in 1639. It has become renowned for its number of artists. It was also named best seaside town of 2007 by *The Guardian* newspaper.

https://en.wikipedia.org/wiki/St_Ives



What we learned

- ✚ To extend our knowledge and practices by working in a team spirit
- ✚ To combine new methodologies
- ✚ To create new ways of understanding our everyday practice by combining new methodologies
- ✚ To make our disagreements a benefit for forming new “coalitions” and not as a form of misunderstanding
- ✚ The importance of creating new networks
- ✚ To investigate the different settings in the everyday practice of each partner
- ✚ The importance of being critical
- ✚ To combine theory and practice
- ✚ To develop new skills
- ✚ To combine fun with work

